



FEAR OF PUBLIC SPEAKING



HOSTED BY SYDNEY PARRIOTT
MA, CCC-SLP, MBA

FREE SEMINAR
IN-PERSON & VIRTUAL OPTIONS

WEDNESDAY
MARCH 26TH
12-1PM

REGISTER HERE





77% OF PEOPLE
EXPERIENCE SOME
DEGREE OF
ANXIETY WHEN
SPEAKING
PUBLICLY

WHY AN SLP?

- **Expert Guidance on Speech Techniques** – A speech-language pathologist (SLP) helps refine vocal projection, clarity, and pacing to ensure you sound confident and engaging.
- **Understanding of the Brain** – SLPs provide practical techniques to reduce speaking-related anxiety, from breath control exercises to cognitive reframing strategies.

ELEVATE
YOUR VOICE,
TRANSFORM
YOUR CAREER

MORE INFORMATION PROVIDED
UPON INQUIRY

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